

# be kind

## BALLARAT



**Contacts to help support you through the COVID-19 pandemic.**

### CITY OF BALLARAT

#### CUSTOMER SERVICE

☎ 5320 5500

#### MEALS ON WHEELS

☎ 5320 5629

#### ACTIVE AGEING

☎ 5320 5629

#### CHILDHOOD IMMUNISATIONS AND MCH SERVICES

☎ 5320 5720

#### CHILDCARE AND FAMILY DAY CARE

☎ 5320 5720

#### EMERGENCIES

(Police, Fire, Ambulance)

☎ 000

#### ST JOHN OF GOD BALLARAT HOSPITAL

☎ 5320 2111

#### BALLARAT HEALTH SERVICES BASE HOSPITAL

☎ 5320 4000

#### AFTER HOURS GP HOTLINE

☎ 1800 022 222

#### NURSE ON CALL

☎ 1300 60 60 24

#### BALLARAT COVID-19 CLINIC LUCAS COMMUNITY HUB

(Visits by appointment only)

☎ 4311 1571

#### VICTORIAN COVID-19 HOTLINE

☎ 1800 675 398

#### NATIONAL COVID-19 HOTLINE

☎ 1800 020 080

#### CRISIS AND EMERGENCY ACCOMMODATION

☎ 1800 825 955

#### MATERNAL AND CHILD HEALTH LINE

(24 hours 7 days a week)

☎ 13 22 29

#### NDIS

☎ 1800 800 110

#### LIFELINE

☎ 13 11 14

#### KIDS HELPLINE

☎ 1800 551 800

#### BEYOND BLUE

☎ 1300 22 4636

#### 1800 RESPECT

☎ 1800 737 732

#### CENTRELINK

#### OLDER AUSTRALIANS

(Age Pension, bereavement assistance)

☎ 132 300

#### JOBSEEKER PAYMENT

(aged 22 and over)

☎ 132 850

#### YOUTH ALLOWANCE

#### JOB SEEKER

(aged under 22)

☎ 132 490

#### MULTILINGUAL SERVICE

☎ 131 202

#### NATIONAL DEBT HELPLINE

☎ 1800 007 007